



Sabzevar University of medical sciences

## CURRICULUM VITAE



### PERSONAL INFORMATION

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**Name:** Roghayeh

**Surname:** zardosht

**Affiliation:** Assistant Professor, Anesthesiology and Operating Room Department,  
Faculty of Paramedics, Sabzevar University of Medical Sciences, Sabzevar, Iran.

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**Email:** Rozardosht@yahoo.com

### EDUCATIONAL BACKGROUND

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**PhD in Nursing at Mashhad University of Medical Sciences**

**MSc. in Nursing education, Kerman University of Medical Sciences**

**BSc. in Nursing at Shiraz University of Medical Sciences**

### DISSERTATIONS

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**PhD Thesis Title:**

Exploring the process of clinical education in operating room students:

Instructional design

## **MSc Thesis Title:**

The effect of health education on the knowledge and practice of mothers referring to health centers about the prevention of parasitic diseases (Ascariasis and Enterobiasis)

## **Awards and Ranks**

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- ✓ Tap student of BSc in nursing at Shiraz University of Medical Sciences in 1991.
- ✓ Award from the head of Sabzevar University of Medical Sciences for Selection as distinguished researcher of Faculty Members of Sabzevar University of Medical Sciences at 2006.

## **TEACHING EXPERIENCES**

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### **I: Teaching Experiences I**

1. Medical Terminology for the student of operating room
2. Especial English for the student of operating room
3. Medical Terminology for the student of Anesthesiology
4. Especial English for the student of Anesthesiology
5. Professional Ethic for the student of Anesthesiology
6. Professional Ethic for the student of operating room
7. Medical Surgical nursing for the student of nursing
8. Medical Surgical diseases (operative room) for the student of nursing
9. Internal Medical Diseases for the student of operating room
10. Management principle for the student of Anesthesiology
11. Principles and techniques of clinical skills for the student of Anesthesiology
12. Principles and function of circulator nurse for the student of operating room
13. Principles and function of scrubs nurse for the student of operating room
14. Surgery technology in urology surgery for the student of operating room
15. Surgical technology in cardiac and respiratory surgery for the student of operating room
16. Surgical technology in ENT surgery for the student of operating room
17. Surgical technology in eye surgery for the student of operating room
18. Introduction to surgical instrument & equipment and equipment for the student of operating room
19. Principles of sterilization and disinfection for the student of operating room

20. Introduction to Surgical Technology
21. Emergencies for the student of operating room
22. internship for nursing, fight against patients, midwifery, operating room, anesthesia students

## **PROFESSIONAL MEMBERSHIP**

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- 1- Member of Research Committee of Student Research Committee of Sabzevar University of Medical Sciences, 2005 – 2008.
- 2- Member of the Executive Committee of the First Student Conference on Human, Environment and Healthy Living in Sabzevar University of Medical Sciences, March 2007.
- 3- Member of the Presidential lecture Section at the First Student conference on Human, Environment and Health of Sabzevar University of Medical Sciences, March 2007.
- 4- Member of the Research Council of Sabzevar University of Medical Sciences, 2005 – 2009.
- 5- Member of Research Council of Faculty of Paramedics, Sabzevar University of Medical Sciences, 2017.
- 6- Member of the Interviewing Committee of Faculty Members.

## **RESEARCH FIELDS OF INTERESTS**

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- I. Research Field: Qualitative Research in grounded theory
- II. Research Field: Qualitative and Quantitative Research in clinical education
- III. Research Field. Education
- IV. Research Field. Instructional design
- V. Research Field. Nursing Care, Self-care
- VI. Research Field. Life style

## CONFERENCE PARTICIPATION

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- 1- 3rd International Nursing Congress on Prevention Strategies for Healthcare-associated Infections. **Zardosht R** et al. Iran, Mashhad. Nov 2020. (poster presentation)
- 2- 2nd Annual research congress of Iranian operating room students. **Zardosht R**. Iran, Gonabad, July 2019. (lecture presentation)
- 3- 2nd Annual research congress of Iranian operating room students. **Zardosht R**. Iran, Gonabad, July 2019. (poster presentation)
- 4- 2nd Annual research congress of Iranian operating room students. **Zardosht R**. Iran, Gonabad, July 2019. (poster presentation)
- 5- 1st Annual research congress of Iranian operating room students. **Zardosht R**. Iran, Gonabad, July 2019. (Poster presentation)
- 6- 1st Annual research congress of Iranian operating room students. **Zardosht R**. Iran, Gonabad, July 2019. (Poster presentation)
- 7- International Congress of Cardiovascular. **Zardosht R**. Iran, Mashhad. 13th to 15th July 2006. (lecture presentation)
- 8- Congress of Atherosclerosis and Cardiovascular Events, **Zardosht R**. Iran, Birigand. 15<sup>th</sup> to 17<sup>th</sup> Dec 2004. (Poster presentation)
- 9- National Congress on Special Diseases of Care. **Zardosht R**. Iran, Ahvaz. 7<sup>th</sup> to 9<sup>th</sup> Nov 2006, Stagy Z. (Poster presentation)
- 10- The second International Congress and the 9th Annual Congress of Medical Students of the Iranian Medical Sciences. **Zardosht R**. Nagar L. Mashhad. Iran. 24<sup>th</sup> to 26<sup>th</sup> May 2008. (Poster presentation)
- 11- 17th Seminar on Toxicology. **Zardosht R**. Hashemian M. Akabery A. Iran, Mashhad. 13<sup>th</sup> to 15<sup>th</sup> Sep 2011. (Poster presentation)
- 12- 17th Seminar on Toxicology. **Zardosht R**. Shaghaee M. Valizadeh N. Iran, Mashhad. 13<sup>th</sup> to 15<sup>th</sup> Sep 2011. (Poster presentation)
- 13- The first international conference on the prevention, diagnosis and treatment of hypertension. **Zardosht R**. Shaghaee M. Valizadeh N. Salahshor F. Iran, Esfahan. 27<sup>th</sup> to 29<sup>th</sup> Sep 2011. (Poster presentation)

- 14- The first international conference on the prevention, diagnosis and treatment of hypertension. **Zardosht R**. Shaghaee M. Iran, Esfahan. 27<sup>th</sup> to 29<sup>th</sup> Sep 2011. (Poster presentation)
- 15- **83<sup>th</sup>** International Conference on Medical and Paramedicine. **Zardosht R**. Shaghaee M. Bagheri M. Iran, Esfahan. 16<sup>th</sup> to 18<sup>th</sup> Oct 2011. (Poster presentation)
- 16- **83<sup>th</sup>** International Conference on Medical and Paramedicine. **Zardosht R**. Shaghaee M. Bagheri M. Hagiabady F. Iran, Esfahan. 16<sup>th</sup> to 18<sup>th</sup> Oct 2011. (Poster presentation)
- 17- Fourth Seminar nurses, midwives and Research. **Zardosht R**. Shaghaee M. Valizadeh N. Goleatan. Iran. 14<sup>th</sup> to 16<sup>th</sup> Des 2011. (Poster presentation)
- 18- Fourth Seminar nurses, midwives and Research. **Zardosht R**. Shaghaee M. Salahshor F. Goleatan. Iran. 14<sup>th</sup> to 16<sup>th</sup> Des 2011. (Poster presentation)

## **PUBLICATIONS**

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- 1- Yazdimoghaddam H, Samadipour E, Ghardashi F, Borzoe F, Akbarzadeh R, **Zardosht R\***, et al. designing a comprehensive clinical competency test for surgical technology: Using Delphi technique and CIPP model evaluation. J Edu Health Promot. **2021**; 10:240.
- 2- **Zardosht R**, Basiri A, Sahebkar A, Emami A. Effect of chamomile oil on cesarean section pain in primiparous women: a randomized clinical trial. Current Clinical Pharmacology, **2021**, 16, 00-00.
- 3- - Fakoor H, **Zardosht R\*** Ghanbari Moghaddam A, Mohammadi M. Comprehensive Assessment of the Health Dimensions of the Elderly Residing at Homes and Nursing Homes in Sabzevar, Iran, Navid no, **2021**. 23(76), 72-83.
- 4- **Zardosht R**, Moonaghi H, Clinical Instructor Criteria in operating room: Qualitative content analysis. Journal of Sabzevar University of Medical Sciences. **2021**. 28: 2. 156-163.

- 5- Davarinia A, Mohamadzadeh Tabrizi,Z, **Zardosht R\***. POSTMODERNISM AND KNOWLEDGEDEVELOPMENT IN NURSING. International Journal of Psychosocial Rehabilitation, **2020**.24:4
- 6- Eftekhariyazdi, M Ansari, M, Darvishi-Khezri, H, **Zardosht, R\***. Pharmacological Methods of Postoperative Pain Management After aparoscopic Cholecystectomy: A Review of Meta-analyses. Surg Laparosc Endosc Percutan Tech. 2020. 30:6. p 534-41.
- 7- **Zardosht R**. Nursing Care and Postmodernism. Future of Medical Education Journal. 2020.10; 2.p57.
- 8- **Zardosht R**, Moonaghi HK .Operating Room Culture to Develop Students' Clinical Education in Iran: Hierarchical or Collaborative. Journal of Nursing and Midwifery Sciences. Sari. **2020**.7:2, 136-137.
- 9- **Zardosht R**, Karimi Moonaghi H, Etezad Razavi M, Ahmady S. Educational concern of surgical technology students in the operating room: A grounded theory study. J Edu Health Promot. **2020**; 9:58.
- 10- **Zardosht R**, Shah Farhat A, Saeidi R, Parvin F. Assesment Efficacy and Complication of the Distance between Phototherapy Lamps and Neonate's Body Level on Serum Bilirubin Decrease and Phototherapy Complications in Neonatal Hyperbilirubinemia. Iranian Journal of Neonatology IJN. **2019**; 10(4):47-52.
- 11-Davarinia Motlagh Quchan, A, **Zardosht, R**, Mohamadzadeh Tabrizi, Z. The Relationship between Emotional Intelligence and Academic Achievement in Medical University Students: A Review Study. Beyhagh, **2019**; 24(2): 1-9.
- 12- Moonaghi H, **Zardosht R**, Razavi ME, Ahmady S. Perceived challenges by the Iranian baccalaureate surgical technology students in their clinical education: A qualitative study .Biosciences biotechnology research communication. 2017 Jul 1; 10(3):542-50.
- 13- **Zardosht R**, Karimi Moonaghi H, Etezad Razavi M. Ahmady S. The Challenges of Clinical Education in a Baccalaureate Surgical Technology Students in Iran: A Qualitative Study. Electronic physician Journal. February **2018**, Volume: 10, Issue: 2, Pages: 6406-6416.

- 14- Karimi Moonaghi H, **Zardosht R**. The Role and Status of Cognitive Theory in Nursing Education. Strides in Development of Medical Education Journal of Medical Education Development Center. **2015**; 12(1):98 -107.
- 15- Heydari A, **Zardosht R**. Critically evaluation widely published newspapers in relation to nursing in 1392. Hakim Health Sys Res 2016; 19(1): 4- 12.
- 16- Seidi M, **Zardosht R**. Survey of Nurses' Viewpoints on Causes of Medicinal Errors and Barriers to Reporting in Pediatric Units in Hospitals of Mashhad University of Medical Sciences. J Fasa Univ Med Sci. 2012; 2 (3):142-147.
- 17- **R Zardosht**; Tadayyonfar; F Rahnama; R Akbarzadeh; Z Estagy; L Nagar. Study of the life style of people in sabzevar. Journal of Sabzevar University of medical sciences. 2006; 13(3): Page.134-138
- 18- **Zardosht R**, Study of the Effects of Health Education on the Knowledge and Performance of Mothers in Preventing Ascariasis and Enterobiasis. Journal of Sabzevar University of Medical Sciences (winter) 2002, Volume 9, Issue 4 (26); 51-57.
- 19- **Zardosht R** , Estaji Z , Akbarzadeh R , Rahnama F , Tadaion MR. Life Stress Events Ratings in the General Population of Sabzevar. Dena Journal of Science.2010. Vol. 5, No. 3-4 (20). 73-84

### **Publication Book:**

- 1- Publication of the book "**Management in operating room**", Saleemy (Jameenegar) Publications, Tehran, Fourth edition, **2018**.
- 2- Publication of the book "**Introduction to surgical Instrument & Equipment**", Saleemy (Jameenegar) Publications, Tehran, third edition, **2014**.
- 3- Publication of the book "**Fundamental of Surgical Technology** ", Saleemy (Jameenegar) Publications, Tehran, Second edition, **2014**.
- 4- Publication of the book "**Procedure in the operating room** ", Jameenegar Publications, Tehran, Second edition, **2013**.

5- Publication of the book "**Fundamental of nursing & Sterilization** ", Saleemy (Jameenegar) Publications, Tehran, Second edition, 2006.

6- Publication of the book "Fundamental of nursing & Sterilization ", Saleemy (Jameenegar) Publications, Tehran, Second edition, 2004.

## WORKSHOPS

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1. Workshop on **Ethics in the Publishing of Scientific Works**, Ethics Committee Sabzevar University of Medical Sciences, Sabzevar, Iran, October 2018.
2. Workshop on **Process writing**, Sabzevar University of medical sciences, Sabzevar, Iran, July 2018.
3. Workshop on **Scientific Writing**, Mashhad University of Medical Sciences, Mashhad, Iran, January 2015.
4. Workshop on **Introduction to Curriculum Instructional design**, Faculty of Nursing and Midwifery, Mashhad University of Medical Sciences, Mashhad, Iran, July 2014.
5. Workshop on **Concept Analysis**, Faculty of Nursing and Midwifery, Mashhad University of Medical Sciences, Mashhad, Iran, July 2014.
6. Workshop on **Content Analysis**, Faculty of Nursing and Midwifery, Mashhad University of Medical Sciences, Mashhad, Iran, June 2014.
7. Workshop on **Specialized panel of rules**, regulations and educational structures, Faculty of Nursing and Midwifery, Mashhad University of Medical Sciences, Mashhad, Iran, May 2014.
8. Workshop on **MAXQDA Soft Ware**, Faculty of Nursing and Midwifery, Mashhad University of Medical Sciences, Mashhad, Iran, April 2014.
9. Workshop on **Endnote**, Faculty of Nursing and Midwifery, Mashhad University of Medical Sciences, Mashhad, Iran, December 2013
10. . Workshop on **Introduction to SPSS**, Mashhad University of Medical Sciences, Mashhad, Iran, November 2013.
11. Workshop on **peer review**, Faculty of Nursing and Midwifery, Mashhad University of Medical Sciences, Mashhad, Iran, June 2013.
12. Workshop on **Advanced Teaching Techniques**, Sabzevar University of medical sciences, Sabzevar, Iran, January 2011.
13. Workshop on **Teaching Communication Skills** for Specialist Teachers, Sabzevar University of Medical Sciences, Sabzevar, Iran, 2010.



14. Workshop on **Ethics in Medical Research**, Sabzevar University of Medical Sciences, Sabzevar, Iran, March 2009.
15. Workshop on Familiarity with the resources of the National Library of Medicine, Sabzevar University of Medical Sciences, Sabzevar, Iran, January 2009.
16. Workshop on **Internal evaluation**, Sabzevar University of Medical Sciences, Sabzevar, Iran, February 2008.
17. Workshop on **CBPR**, Sabzevar University of Medical Sciences, Sabzevar, Iran, July 2007.
18. "The sixth Congress of the Association for the Study of Pain in Iran", Iran, Tehran, 4th to 5th May 2006.

## **EXPERIENCE**

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### **Computer Skills**

- Operating Systems: **ICDL**

### **Software:**

- ENDNOTE, Statistical analysis software (SPSS)
- Microsoft office (Word, Power point, Excel)
- Microsoft MAXQDA